

Organized By:



Grosse Pointe Sunrise Rotary Club



Sponsor:



5K & 10K Run • 5K Competitive Walk & 5K Wheelchair; 1 Mile Fun Run Saturday, September 21, 2019

Registration: 7:00 a.m. - 8:30 a.m.

- 1 Mile Fun Run starts at 8:30 a.m.
- 5 and 10K Run starts at 9:00 a.m.

Registration online at: www.GrossePointeRun.com

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ E-Mail: _____

VITALS

Sex M ___ F ___

Age Day of Race _____

Under - 10

10 - 11	45 - 49
12 - 14	50 - 54
15 - 17	55 - 59
18 - 19	60 - 64
20 - 24	65 - 69
25 - 29	70 - 74
30 - 34	75 - 79
35 - 39	80 - 84
40 - 44	85+

TECH T-SHIRT SIZE:

Children:

Med Large

Adult:

Sm Med Large X-Large XX-Large

EVENT:

10 K Run

5 K Run

5 K Walk

5 K Wheelchair

1 Mile Fun Run

ENTRY FEES:

1 Mile Fun Run

NOW

\$10

AFTER 9/2

\$15

All Other Events

\$25

\$30

Sorry, I Can't Race this year. Donation enclosed.

TOTAL: _____

Make Checks Payable and Return to:

Grosse Pointe Sunrise Rotary Foundation
P.O. Box 36964, Grosse Pointe, MI 48236

GROSSE POINTE RUN DIRECTIONS



Grosse Pointe Farms Municipal Pier
350 Lake Shore Road
(Moross and Lake Shore Road)
Emergency Number
(313) 410-1444

THE COURSE



3.1 Mile Loop • FLAT and FAST
RACE DIRECTOR • (586) 774-7600

NOTE: ALL PARTICIPANTS MUST WEAR A TAG TO BE SCORED • 1 MILE FUN RUN IS CLOCK TIMED

Waiver / Release

I, the undersigned, acknowledge, agree and understand that utilizing City of Grosse Pointe Farms roadways and surrounding park areas is hazardous and may result in injury to me or others. Further, in consideration of the permission to be given to utilize the facilities and premises, I agree:

To assume all risk of injury incurred or suffered while on and/ or upon the premises of the City of Grosse Pointe Farms;

To release and agree not to sue Grosse Pointe Rotary – Sunrise, its agents, servants, associates, employees or anyone connected with the Grosse Pointe Run for any claims, damages, costs or cause of action which I may in the future have as a result of injuries or damages sustained or incurred while on and/ or upon the premises of the City of Grosse Pointe Farms.

I hereby irrevocably grant the parties associated with this event the right to use my name, likeness, as well as photographs, video/audio recordings, quotations, and digital images of me, related to this event without compensation to me.

I hereby acknowledge that I have read and understand the foregoing. Signature (required) _____

(Legal Guardian signature if under 18 years of age)